

Name:



9th Kyu Belt Test Requirements



9th Kyu

	Japanese	English translation
Stationary kihon (heiko dachi)		
A	jun-tsuki	
	age uke	
	uchi uke	
	gedan barai	
B	mae-geri	
	mawashi-geri	
Moving kihon (zenkutsu dachi, shiko dachi)		
A		
Kamae te		
B		
Kata		
	Ten-no kata	
Kumite		
	Sanbon Kuimite (jodan only)	